



Canadian Organic Growers
Cultivons Biologique Canada
Ottawa - St. Lawrence - Outaouais Chapter
Section d'Ottawa - Saint Laurent - Outaouais

Tribute to our 2018 Volunteers

Hear Rachel Parent's Keynote Address

at

Fall Reflections

for

Canadian Organic Growers OSO



Canadian Organic Growers
Cultivons Biologique Canada

Ottawa St. Lawrence Outaouais Chapter

Calling All
Secondary
Students

Rachel Parent, 19 year old Canadian
Advocate for GMO Labeling and
Founder of Kids Right to Know
@RachelsNews



2:00 pm Sunday
November 18

Churchill Community Centre
345 Richmond Road
in Ottawa

Entrance and parking off Churchill,
just north of Richmond Road

Afterwards:

Students attend a Round Table and meet Rachel;

Others attend a brief COG-OSO AGM

Refreshments to follow for everyone

Eco Farm Day

Bob Hogg
Matt Lalonde
Colin Lundy
Scott Sigurdson
Lloyd Strachan
Rob Wallbridge

Gary Weinhold
Debbie Holzman
Connie Horbas
Wentsi Yeung
Barbara Koch
Erin Kredkoski

COG on the Road

Lloyd Strachan - Booth Leader

Barbara Koch

Brenda Norman

Leonard Helferty

Lloyd Strachan

Pedro Escudero

Stacey Olynick

Communications

DOWN TO EARTH- MONTHLY E-NEWSLETTER

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Down to Earth

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William Iven / Unsplash

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Urban Organic Gardening Seminars

Volunteers:

Caitlin Carrol

Neomi Jay

Mick Laughren

Angelina Singson

Rachel Moore

Instructors:

Rob Danforth

Telsing Andrews

David Hinck

Pat Lucey



Organic Demonstration Garden

Jim Davidson
Les Braden
Rob Danforth
Denise Davidson
Antonio Misaka
Helena Misaka Sawace
Rita Paterson
Dai Shiang



Open House

*at the Organic Demonstration Garden
At the Experimental Farm*

Jim Davidson

Denise Davidson

Margaret Townson

David Townson

Eleanor Willner-Fraser



Coordinator of Volunteers

Wanted – A volunteer to take
on the role of Coordinator
Check out:

[www.cog.ca/ottawa/get-
involved/volunteers/](http://www.cog.ca/ottawa/get-involved/volunteers/)

Contact us at: cog.oso.chapter@cog.ca



Senior Organic Gardeners Advisory Group

Margaret Townson – Lead Volunteer

David Townson

Adele McKay

Rob Danforth

Mary Lou Latail

Nobuo Obukuro



Senior Organic Gardeners

Margaret Tourond-Townson – Lead Volunteer

Cathy Hamilton- Clementine Towers

Claire Paquette- 800 St Laurent

Alexander Matheson- Youth Volunteer

Staff

Christine Matheson- Manager

Darlene Glason- Coordinator

Cristina Scaini- Accounting



Finances

Gary Weinhold - Treasurer



Steve Buissonne / Pixabay

Fall Reflections

Caitlin Carrol - Chair



COG
Canadian Organic Growers
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Annual Celebration of COG OSO's
Work in the Community

Fall Reflections

Sunday, November 12, 2017
2:00 - 3:45 pm
Hintonburg Community Centre
1064 Wellington St. West

Steering Committee

Caitin Carrol – Chair, UOG Seminars

Gary Weinhold-Treasurer

Dick Coote- Membership, Farmers

Lloyd Strachan- Booth, Farmers, EFD

Alissa Campbell- Growing Up Organic

Margaret Townson- SOG

David Townson- Agenda, SOG

Barbara Koch- Member-at-Large

COG OSO
Steering Committee 2019

Nominations
welcome



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**Thanks to our 2018
Funders, Sponsors and
Donors**

Major Funders for Senior Organic Gardeners

Ontario
Trillium Foundation



Fondation Trillium
de l'Ontario



OTTAWA-CARLETON
DISTRICT SCHOOL BOARD

Sponsors for COG OSO & Senior Organic Gardeners



In-kind Sponsors 2018



The Cottage Gardener



Donors-in-kind for SOG

The Cottage Gardener - Organic Seeds

Greta's Organic Seeds - Organic Seeds

Tourne-Sol Co-operative Farm –
Organic Seeds



Markus Spiske / Unsplash

Hosts for SOG's Organic Seed Sales

Pantry Plus - Orleans

Market Organics

Rainbow Foods

Scotiabank - Innes Road, Orleans

Sponsors-in-kind

Debbie Designs

Pentafolio

T H A N K ♥ Y O U



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Fall Reflections